

Mustang Round-Up

Pinellas Central Elementary School Newsletter

ISSUE 3

Daphne Miles
Principal

Stacey Raspitzi
Assistant Principal



A message from Ms. Miles...

Dear Pinellas Central Families,

It's November! Did you know that November is Family Engagement Month? As a school, we recognize the "vital role that schools and families play throughout a child's educational journey."

Since your partnership is meaningful to us, we invite parents, community partners, and volunteers to join us for the Great American Teach-In, November 14, 2018. This annual event is an opportunity for our scholars to learn about careers. If you are interested in sharing your profession or hobby with us, contact Ms. Shanara Hullum, our Family and Community Liaison to register or use the online [Registration Form](#). We are eager to learn about your career, experiences, and skills.

It is also time to hear your voice. We want to find out your opinion about our school. We value your opinion and appreciate you taking the time to complete the Pinellas County Schools Parent Survey. Your anonymous opinion helps us to collect and understand your perspectives and perceptions about our school so that we may continuously improve the learning environment. Please click the link <https://www.pcsb.org/parentsurvey> to complete the survey.

Lastly, on behalf of the entire PCE faculty and staff, we wish YOU and your family a **Happy Thanksgiving!**

Sincerely,

Ms. Miles, Principal

Mrs. Raspitzi, Assistant Principal



Patrols of the Month– September

Amerie Akuffo- Amerie is always a friendly face in the Pre-k classrooms. She is super helpful and a great team member to our pre-k team. Amerie is also always participating in class and helping others to try their best by being a good role model. Way to go Amerie!



Dixie Whitaker- Dixie shows great responsibility in and out of the classroom. Her teachers notice that she is always willing to help others. Also, on post she is a great help with the kindergarten students and helps our scholars have a fantastic day! Way to go Dixie!

Upcoming Events



11/14 Great American Teach-In

11/15 Kindergarten Nursery Rhyme Show

11/16 Picture Retakes

11/16 Spirit Night at Chuck E. Cheese

11/19-11/23

Thanksgiving Break– No school for staff or students

12/5 Holly Jolly Breakfast, all grades. 7:30 a.m.-8:10 a.m.

12/10-12/14 Wonderland Shop

12/13 PTA Holiday Event with Santa

12/24-1/7 Winter Break, no school for students.



PE NEWS

In the month of November we will be starting our lessons in team sports. We will be teaching skills in basketball, soccer, baseball, and football to all of our students. The week before the Thanksgiving break all students will be participating in cooperation games. Students will be taught the importance of working together as a team to accomplish a goal. We would like to see an increase of student's physical activity levels at home. The goal is for students to get a minimum of 30 minutes of physical activity outside of the school day. Below are some exercises to increase core strength.

Planks, curl ups, leg lifts, toe touches, and bottom balance.



Music News

Chorus will be performing at Holiday in the Park at England Brothers Park Bandshell Friday, November 30th at 8:00 p.m.

Come support our Amazing chorus!



Art News

November Artists of the Month

Congratulations PCE Artists. Each artist will have a work of art on display outside the cafeteria for the month on November.

K - Jeremy Jackson	3rd - Colin McNabb
1st - Kaydee Gilmour	4th - Allisa Dunlavey
2nd - Ariana Francois	5th - Abigail Palko



Occupational and Physical Therapy

Getting to the Core of Core Strength

Having a strong core gives a good solid foundation which allows the body to move with freedom. It is like the trunk of a tree that supports the limbs and branches. A strong core allows for endurance to sit upright in class without fatigue, to keep ones' head up and focused, and to listen and attend. It also gives strength to the arms and hands for improved penmanship.

Poor core strength attributes to slumped posture, poor endurance, and poor balance, to name a few. Muscles get tired from trying to work hard to sit up and can cause mental distraction and lack of focus and concentration.

Good news, it is simple to improve core strength! It's as easy as going outside and playing in an unstructured environment. Climbing is a great core builder. Any time both feet are off the ground and engaged in hanging on or helping to climb engages the core muscles.

Some activities to improve core strength are:

Playing on stomach, on hands and knees, in kneeling, in squat

Riding a bike, roller skating, swimming

Playground equipment: climbing and swinging (without being pushed)

Jumping or hopping games

Chores at home: carrying groceries, pushing a laundry basket, gardening, raking, sweeping

Wheelbarrow walking

Crab walking (forward and backward)

Best way is to just get out and play AND limit screen time!!



Crab Walk



Student of the Month— October 2018

Congratulations for showing
COOPERATION

Kindergarten: Emalee S., Rit K., Raelyn D., Jaylen D.

1st Grade: Viana R., Jacob S., Aliyah Q., Kaydence G., Preston G., Daevieon A.

2nd Grade: Ashton M., Ayana M., Selmedin B., Lev K., Ja'miyah B., Jenseph T.

3rd Grade: Nadan N., Aiden M., Siede K., Sabrina R., Becky R.

4th Grade: David D., Bertha P., Danielle R., Stephanie C.

5th Grade: Zen B., Harini M., Philip A., Steven T., Skielar C.

Title I News

Parent's Right to Know

As a parent of a student attending a Title I Pinellas County Public School, you have the right to know the professional qualifications of the classroom teachers who instruct your child. Federal law allows you to ask for certain information about your child's classroom teachers and requires us to give you this information in a timely manner if you ask for it. Specifically, you have the right to ask for the following information about each of your child's teachers:

- Whether the Florida Department of Education has licensed or qualified the teacher for the grades and subjects he or she teaches.
- Whether the Florida Department of Education has decided that the teacher can teach in a classroom without being licensed or qualified under state regulations because of circumstances.
- The teacher's college of major, and any advanced degrees, if so, the subjects and degrees
- Whether any teachers' aides or similar paraprofessionals provide services to your child, and if they do, their qualifications.

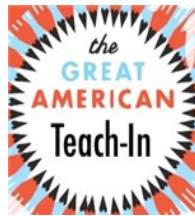
Review Principal's Attestations (in the Principal's office and LEA office)

In addition you have the right to be provided information on your child's level of achievement on the Florida Standard Assessments. This information will be available at your child's school.

Family Engagement

Great American Teach-In

If you have an interesting job or hobby that you would like to share with our students, we are looking for a few more presenters for our 2018 Teach-In event.



Please contact our Family & Community Liaison, Ms. Hullum at hullums@pcsb.org if you are interested in participating in or donating to this event.

PTA

Your support helped us raise \$5,800 in our Fall Fundraiser. This money will be used to supply grants to classrooms, beautify our school and fund our programs and events throughout the year. PCE PTA is so thankful for all of you!

Save the date! Come join us at Chuck E. Cheese St. Petersburg on 11/16 to kick off Thanksgiving break and have some fun at this special Spirit Night event.

Personalized Learning Pathway

The **Personalized Learning Pathway** is a new online platform that helps students navigate their path to academic and career success.



The PLP helps students:

- Build resumes and keep track of achievements, goals, hobbies, and volunteer and work experience.
- See their performance on assessments and access targeted lessons to improve.
- Track progress toward graduation and discover areas they may need to address.
- Keep track of advanced coursework, industry certifications and performance on college entrance exams to determine if they are ready for college and careers.

Students can access the Personalized Learning Pathway through the Clever login on the home page of the PCS website or the Pinellas County Schools [Clever](#) page.

For more information on how to use the PLP please visit: <https://www.youtube.com/watch?v=BTaeMme40c4>

Reminder

Parents and guardians please remember to keep your contact information updated. You can do this by using your parent portal login information to update phone number, address, and e-mail address. If you are in need of a new username and password please stop by the office. Our friendly office staff will happily assist you.



Thank You!

We would like to thank our community partners for their generous donations for our Trunk or Treat and Lunch & Learn events.

Thank you to the following Pinellas Park locations:

Target, Wal-Mart, Publix, Winn-Dixie, PDQ, Sam's Club, & Olive Garden.

November Is Family Engagement Month!

This month PCE and Pinellas County Schools are celebrating the vital role parents and families play in education. When schools and families work together to support learning, students succeed not just in school, but throughout life.

Each month we will bring you tips and ways to stay engaged with your students. Let's pledge to do all that we can to help our students succeed on their educational journey.



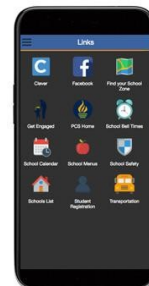
Family Engagement Month Pledge

As a parent, guardian or caring adult, I hereby give my pledge to support a high-quality education for all of Florida's students to the best of my ability. I have high expectations for my child and want all of Florida's students to succeed in school and in life. I pledge to stay involved, serve as a positive role model and maintain open communication with my child's educators and school personnel to ensure education remains a top priority in my household. I understand that it is my responsibility to stay informed and involved in all aspects of my child's education. Education is the key to success, and I will do everything I can to nurture my child's ability to learn.

Pinellas County Schools APP

Pinellas County Schools is helping parents and students stay connected to their school with the Pinellas County Schools App. The app, developed by Focus, helps families access student information on their cellphones and mobile devices. Parents and students can still use the Focus website on desktop computers, but the app is designed to work better with mobile devices.

Parents and students receive real-time notifications of grades, attendance, upcoming assignments and test scores. App users are also able to view school district news, Facebook posts and school messages. Links to the student calendar, school menus, school bell times, family engagement opportunities and transportation info are also available.



The app can be downloaded from the [Google Play Store](#) or the [Apple App Store](#).